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## Health and Insurance Portability and Accountability Act Notice of Privacy Practice

**This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.**

Core Chiropractic, PLLC. understands that your trust in us is our most important asset. To preserve that trust, we want you to understand our commitment to protecting your privacy. This policy applies to all that work at Core Chiropractic, PLLC. and with respect to health care matters.

This Notice of Privacy Practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment or health care operations (TPO) and for other purposes that are permitted or required by law. It also describes your rights to access and control of your protected health information. "Protected health information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services.

### **Uses and Disclosures of Protected Health Information.**

Your protected health information may be used and disclosed by your physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, to pay your health care bills, to support the operation of the physician's practice, and any other required by law.

### **Treatment**

We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

### **Payment**

Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for chiropractic care may require that your relevant protected health information be disclosed to the health plan to obtain the necessary approval.

### **Healthcare Operations**

We may use or disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of chiropractic students and doctors, licensing, and conducting or arranging for other business activities. For example, we may disclose your protected health information to chiropractic school students that see patients in our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of an appointment.

We may use or disclose your protected health information in the following situations with your authorization. These situations include: as required by Law, Public Health, issues as required by law, Communicable Diseases; Health Oversight Abuse or Neglect Food and Drug Administration requirements; Legal Proceedings; Law Enforcement Coroners, Funeral Directors, and Organ Donation; Research; Criminal Activity; Military Activity and National Security; Worker's Compensation; Inmates; Required Uses and Disclosures; Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

### **Other Permitted and Required Uses and Disclosures**

will be made only with your consent, authorization or opportunity to object unless required by law. We do NOT sell your non-public information to anyone. You may revoke this authorization at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

## **Your Rights**

Following is a statement of your rights with respect to your protected health information.

### **You have the right to inspect and copy your protected health information.**

Under federal law, however, you may not inspect or copy the following records: psychotherapy notes; information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and protected health information that is subject to law that prohibits access to protected health information. Your request for inspection must be in writing. Record copying will be at accepted legal copying fees.

### **You have the right to request a restriction of your protected health information.**

This means that you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in the Notice of Privacy Practices. Your request must state that specific restriction requested and to whom you want the restriction to apply.

Your physician is not required to agree to a restriction that you may request. If the physician believes it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. You then have the right to use another Healthcare Professional.

**You have the right to request to receive confidential communication from us by alternative means or at an alternative location. You have the right to obtain a paper copy of this notice from us,** upon request, even if you have agreed to accept this notice alternatively, i.e. electronically.

### **You may have the right to have your physician amend your protected health information.**

If we deny your request for amendment, you have the right to file a statement or disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of such rebuttal.

### **You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information.**

We reserve the right to change the terms of this notice and will inform you by mail of any changes. You then have the right to object or withdraw as provided in this notice.

## **Complaints**

You may complain to the Secretary of Health and Human Services, or us if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our privacy contact of your complaint. We will not retaliate against you for filing a complaint.

## **Security Measures**

We restrict access to non-public information about you to those individuals who need to know that information at levels necessary to conduct our business. We maintain physical, electronic and procedural safeguards that comply with federal regulations to guard your non-public, protected health information.

By law we cannot share your information about care or condition to anyone including your spouse without written consent from you, the patient. However, we assume that we have your permission on you telephone answering machine or voice mail, unless requested by you, the patient, not to do so. This denial of access needs to be made in writing.

## **Incidental Disclosures**

Due to the open door nature of our treatment rooms, it is possible that yours or other's protected health information may be overheard. We make every effort, and utilize reasonable safeguards, to minimize incidental disclosures even though the Privacy rule permits the same.

This notice was published and becomes effective on/before April 14, 2003.

We are required by law to maintain the privacy of, and provide individuals with, this notice or our legal duties and privacy practices with respect to protected health information. If you have any objections to this form, please ask to speak with our HIPAA Compliance Officer in person or by phone at our main phone number.

Signature below is only acknowledgement that you have received this Notice of Privacy Practices.

Print Name: \_\_\_\_\_ Signature \_\_\_\_\_ Date: \_\_\_\_\_